AEC

Institute

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The Ami Elisabeth Catez Institute Prayer

*O’ Spirit of God*

*Guide me in the triumph of humility*

*Over competing worldly identities*

*Steer me towards the joys of trust*

*Away from indiscriminate and recurring fears*

*Direct me to a quiet, compassionate presence*

*To know the gifts of love*

*Free of the noise of blame and of strife*

*There to abandon anger, frustration, restlessness*

*Before the light of each dawning day*

*Amen*

St. Elizabeth of the Trinity

*Pray For Us!*